## **Curbing Your Anger**

Proverbs 15:1 A gentle answer turns away wrath, but a harsh word stirs up anger.

**Proverbs 15:18** A hot-tempered person stirs up conflict, but one who is patient calms a quarrel.

**Proverbs 16:32** Better a patient person than a warrior, one with self-control than one who takes a city.

Proverbs 19:11 A person's wisdom yields patience; it is to one's glory to overlook an offense.

**Proverbs 29:11** Fools give full vent to their anger, but the wise bring calm in the end.

**Ecclesiastes 7:9** Do not be quickly provoked in your spirit, for anger resides in the lap of fools.

**Ephesians 4:26-27** "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold.

**Colossians 3:8** But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.